

Ergebnisse Challenge Roth | RESULTS 2010

participant

number	2805
age group	M40
name	MONGUILLON, Ludovic (FRA)
club	MAT 72

race info

starttime	07:30:00
Swim	01:06:24
Trans 1	00:07:34
Bike	06:03:09
Trans 2	00:04:06
Lauf	04:19:15
Est.Finish	11:40:26 (Run)
best time	12:30

totals

place (M/W)	1537
place (ag)	399
time total (brutto)	11:40:26

splits

SPLIT	TIME OF DAY	TIME	DIFF	MIN/KM	KM/H
Swim Finish	08:36:24	01:06:24	01:06:24	17:29	3.43
Bike Start	08:43:58	01:13:58	07:34	-	-
Bike 37km	09:54:00	02:24:01	01:10:03	01:54	31.61
Bike 70km	11:04:28	03:34:29	01:10:28	02:09	28.1
Bike 120km	12:45:29	05:15:30	01:41:01	02:01	29.76
Bike 153km	14:00:24	06:30:25	01:14:55	02:17	26.35
Bike Finish	14:47:06	07:17:06	46:41	01:44	34.69
Run Start	14:51:11	07:21:11	04:05	-	-
Run 3,7km	15:10:12	07:40:13	19:02	05:09	11.67
Run 12,5km	15:57:41	08:27:42	47:29	05:24	11.12
Run 21,5km	16:53:23	09:23:23	55:41	06:12	9.69
Run 25,5km	17:20:43	09:50:43	27:20	06:51	8.78
Run 28,5km	17:40:17	10:10:17	19:34	06:32	9.2
Run 31,5km	17:58:34	10:28:34	18:17	06:06	9.85
Run 39,7km	18:56:48	11:26:48	58:14	07:07	8.45
Run 40,05km	18:58:44	11:28:44	01:56	05:32	10.86
Ziel	-	11:40:26	11:42	05:28	11